

NOVEMBER 2025

WEEKLY TIMETABLE



Please note: these are casual prices - discounts available for regular students, please ask you teacher.

MONDAY

	CLASS	TEACHER	PRICE
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3:30 - 4:45pm	Junior AERIAL	Raven	\$35
4:45 - 6pm	Advanced AERIAL	Raven	\$35

WEDNESDAY

6 - 6:45am	Pranyama ~ Breathwork	Kim	\$15
8:30 - 10am	AERIAL Training	Kim Danielle	\$15

THURSDAY

3:30 - 4:45pm	Junior AERIAL	Raven	\$35
4:45 - 6pm	Advanced AERIAL	Raven	\$35
6 - 7:30pm	Adult Beginner AERIAL	Danielle	\$35

FRIDAY

7 - 8am	Sunrise Movement & Meditation	Danielle	\$15
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SUNDAY

7.30 - 8.30am	Remedial Yoga Therapy	Gosia	\$20
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BOOKINGS ONLINE OR PHONE

0428 922 357 173 BOYETT ROAD MISSION BEACH
WWW.SUNDANCESTUDIO.COM.AU

